

**Report of the 1<sup>st</sup> Learning, Teaching, Training Activity in the frame of  
Erasmus+ Strategic Partnerships Project  
“ No Cyberbullying At The School ”**

2016-1-TR-01-KA201-034233

10<sup>th</sup> -14<sup>th</sup> July, 2017

Rzeszow, Poland



**The 1<sup>st</sup> Learning, Teaching, Training Activity “ No Cyberbullying At The School ” Erasmus+ project had the following objectives:**

- to search and inform what the mean of cyberbullying with real life examples are
- to search and inform the types of status of cyberbullying
- what studies can be done about cyberbullying
- to search safely use of internet

### **Preparations**

Preparations for the 1st Learning, Teaching, Training Activity “ **No Cyberbullying At The School** ” Erasmus+ project took place in July 2017, the host country made practical arrangements, such as booking the hotel, preparing the programme, providing information on how to arrive to the office etc. Participants made travel arrangements: booking flights, buying insurance, prepared all the necessary information for the meeting.

### **Organization**

The 1st Learning, Teaching, Training Activity of “ **No Cyberbullying At The School** ” Erasmus+ project took place over five days.

- Day One taking the form of meetings combined with introduction, orientation and types and status of Cyberbullying in partner countries and Cyberbullying in Poland with real life examples, studies and results.
- Day Two presenting evaluation results by coordinator, contest of project logo and cultural event- visit to Rzeszow underground.
- Day Three, Internet safety workshop part I and II, meeting with a police officer
- Day Four, cultural event, visit to Lancut Castle Museum
- Day Five, plans for the next activities and evaluation of meeting

## DAY 1, Monday 10<sup>th</sup> July, 2017


The 1st Learning, Teaching, Training Activity of “ **No Cyberbullying At The School** ” Erasmus+ project took place in Rzeszow in Poland. Polish partners welcomed the participants from Portugal and Turkey.

All participants had a round table about types and status of Cyberbullying in partner countries. They discussed the situation through the questions below:

- Since when the topic of Cyberbullying is present in your country?
- Is it a phenomenon that is frequent?
- Who is being affected by Cyberbullying? Any group?
- Are your organisations engaged in fighting in this problem?
- What are the types of Cyberbullying?
- Is Cyberbullying described in the law acts of your country?



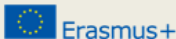
In the second part of the meeting Polish partner made a presentation concerning Cyberbullying in Poland with real life examples, studies and results.




**No Cyberbullying at the School!**

**Cyberbullying in Poland – real life examples  
& own studies/research results**

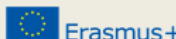
Stowarzyszenie „Centrum Wspierania Edukacji i  
Przedsiębiorczości”, Rzeszów, POLAND

The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.  
Projekt Nr: 2016-1-PL01-KA202-026055



**The most important researches:**

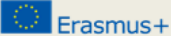
- Contact of children with dangerous online content (2006)
- Researches conducted by Jacek Pyżalski, PhD (2008-2012)
- Children safety on the Internet (2013)
- Threats for Children and Young People on the Internet (2010 & NASK 2016)

The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.  
Projekt Nr: 2016-1-PL01-KA202-026055

**Researches conducted by Jacek Pyżalski, PhD (2008-2012)**

*Who was the perpetrator?*

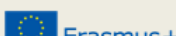
- Other young people known from school who are not close friends - 35.4%
- People only known the Internet - 34.2%
- Someone his / her completely unknown (anonymous) - 34.0%
- Close colleagues - 31.8%
- Unknown adults - 11.3%
- His / her former boyfriend / girlfriend - 11.1%
- Known Adults - 6.4%

 The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein. <sup>10</sup>  
Projekt Nr. 2016-1-PL01-KA202-026055

**Researches conducted by Jacek Pyżalski, PhD (2008-2012)**

*Who was the victim?*

- People known only from the Internet - 42.5%
- Familiar people - but not close friends - 39%
- Close colleagues - 26.8%
- People selected entirely by accident (randomly) - 24.2%
- Not specific individuals, but groups of people, eg. football fans - 15.8%
- Ex boyfriend / girlfriend - 16.9%
- Other people – eg. homeless, alcoholics - 10.8%
- Famous people, such as singers, actors - 11.1%
- Teachers - 9%

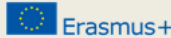
 The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein. <sup>11</sup>  
Projekt Nr. 2016-1-PL01-KA202-026055

She also informed all the participants about the threats for children and young people on the internet.

**Threats for Children and Young People on the Internet (2010)**

*The threats faced by children:*

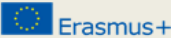
- Offensive expressions (insults) while chatting - 44%
- Teasing while playing online - 37%
- Unpleasant comments on forum - 38%
- Unpleasant comments on the social networking site - 28%
- Sending an unwanted photo - 12%
- Stealing private messages - 12%
- Setting up of false profile - 16%
- Setting up an offensive website - 6%

 The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein. <sup>14</sup>  
Projekt Nr. 2016-1-PL01-KA202-026055

**Threats for Children and Young People on the Internet (NASK 2016)**




*The threats faced by children:*

- Blackmailing – 11.1%
- Dissemination of compromising materials - 12.4%
- Impersonation – 12.6%
- Frightening – 13.6%
- Humiliation, ridicule – 19.4%
- Name-calling – 32.2%

 The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein. <sup>15</sup>  
Projekt Nr. 2016-1-PL01-KA202-026055

**DAY 2, Tuesday 11<sup>th</sup> July, 2017**

Coordinator school made a presentation about the results of evaluation results of 1<sup>st</sup> TPM.

**EVALUATION RESULTS OF 1<sup>st</sup> TPM IN TURKEY**

**No Cyberbullying At The School**

**2016-1-TR-01-KA201-034233**

**FAİK ERBAĞI SECONDARY SCHOOL**  
**THE COORDINATOR SCHOOL**

**Please write at least two strengths (positive aspects) of this project meeting and if there were, two weaknesses (negative aspects).**

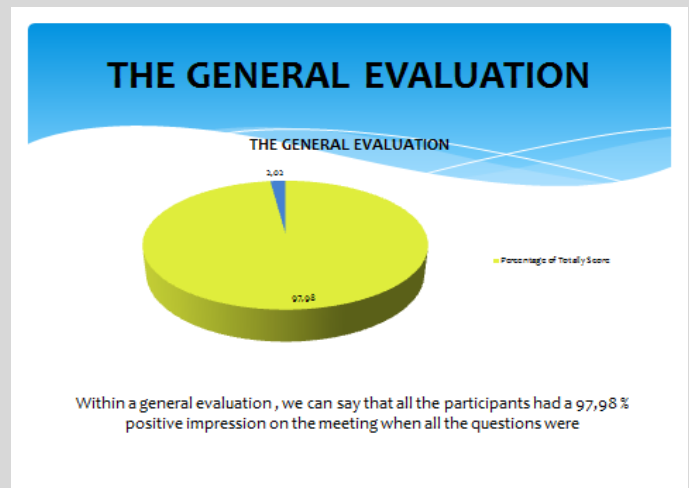
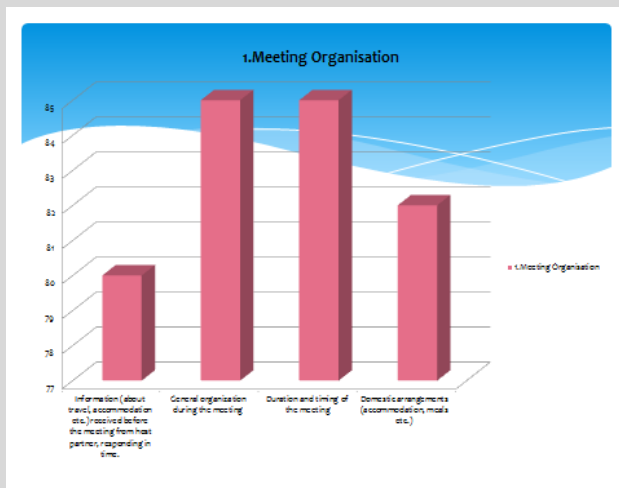


**POSITIVE ASPECTS:**

- 1) The big hospitality
- 2) The dedication and care of the teachers
- 3) The student's enthusiasm in partaking in the exhibition

**NEGATIVE ASPECT:**

- 1) The misunderstanding with the staff of the Hotel at receptionist (they did not accept our credit card, the difficulty to have the right form of the receipt for our administrative office and NA).



We have decided to choose a formal logo in previous meeting, in which a detailed way specifies the project's graphic identity. Each participating organisation designed a logo concerning the aspects of the project. The choice of project logo and voting has been discussed, too. The voting was carried out in the meeting and project logo was selected.



The logo of the contest was done by voting and the first one is from Turkish team:





We had a visit to Rzeszow Underground City .



**DAY 3, Wednesday 12<sup>th</sup> July, 2017**

On the third day of meeting participants had a workshop with two parts about safety use of Internet and a meeting with a police officer who made a presentation about Cyberbullying in Poland.



At the end of the meeting, the host country representatives awarded certificates to all participants.



**DAY 4, Thursday 13<sup>h</sup> July, 2017**

We had a visit to Lancut Castle Museum as a cultural event.



**DAY 5, Friday 14<sup>h</sup> July, 2017**

On the last day of training participants discussed the plans for the next activities and evaluated the meeting.